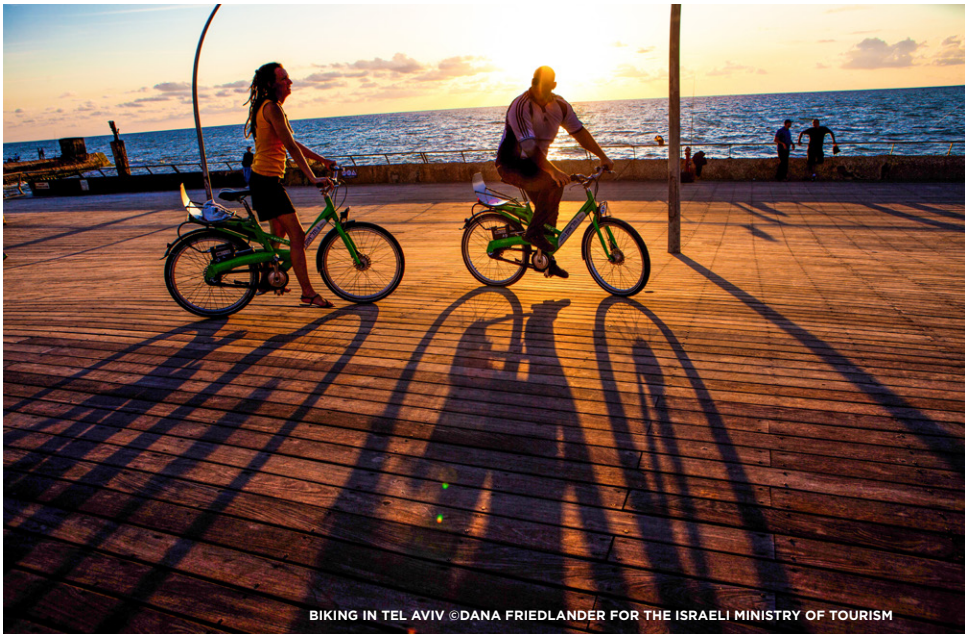


BIKE THROUGH TEL AVIV

Biking is a fun and environmentally-friendly way to explore the trendy city of Tel Aviv. There are more than 100 kilometres of paved dedicated bike lanes and, with everything in close proximity, you can bike to the beach, cycle along the promenade, or stop at the park. Bike rentals are easily accessible with Tel-O-Fun providing more than 2000 bikes scattered among 150 bike stations. Once you work up an appetite, stop for fresh fruit juice at a local kiosk or cycle over to the best hummus and pita at Abu Adham on Carlebach Street. For an authentic experience, bike to the famous Carmel Market (*Shuk HaCarmel*) and explore a melting pot of cultures with sites, smells and tastes of Tel Aviv. This 80-year-old market offers guided tours explaining culinary traditions including Yemini, Persian, and Polish. It's also the perfect market to barter for souvenirs.



WHITE WATER RAFTING

White water rafting in the Upper Galilee along the Jordan River is the perfect way to cool off on a hot summer day. The rushing river winds past lush vegetation and nature reserves with birds, butterflies, and wildlife. The swirling rapids get your adrenaline going but there are moments when the water is calm, and you simply drift along in your inflatable boat soaking up the sun. At slow points, I shouted Hebrew greetings to other boaters – *Shalom!* There are several routes, including starting at Hasbani River. This two-hour course has a family option with fewer rapids suitable for kids over five. Select from boating companies with private guides, group tours, or rent your own raft. Bring water shoes, a bathing suit, and a waterproof camera – the river will find a way into your boat.



SLEEP UNDER STARS IN A BEDOUIN TENT

Israel's Negev Desert is home to Nomadic Tribes indigenous to the land, referred to as Bedouins. Their lifestyle and traditions date back hundreds of years and they generously share their customs with visitors. Some Bedouin tribes allow guests to sleep overnight in a traditional tent to experience their lifestyle. It's a great opportunity to try Middle Eastern spiced rice, Arabic coffee, and bread baked in hot ashes of a fire. But even more meaningful than tasty food are conversations with kind Bedouins on their cozy and colourful handmade cushions inside rustic tents. Sitting around the roaring fire in the middle of the desert and listening to stories from these passionate people was one of the highlights of my trip. That night, I looked up at the night sky sprinkled with endless stars and fell asleep to sounds of nearby grunting camels.



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FEATURED 2019 SAILINGS TO EXOTIC DESTINATIONS

DATE	NIGHTS	DESTINATION	SHIP	FARES FROM
Oct 25	14	New Orleans to Miami	<i>Crystal Symphony</i> ®	\$2,449
Oct 31	8	Curacao to Miami	<i>Crystal Symphony</i>	\$1,850
Nov 17	7	Miami Roundtrip	<i>Crystal Symphony</i>	\$1,565
Nov 24	12	Fort Lauderdale Roundtrip	<i>Crystal Serenity</i> ®	\$2,775
Dec 14	8	San Juan to Miami	<i>Crystal Serenity</i>	\$1,695
Dec 22	15	Miami Roundtrip	<i>Crystal Serenity</i>	\$6,680



All fares and savings are per person, in U.S. dollars based on double occupancy for category C3 or E2. Cruise Fares are cruise only and do not include taxes, fees, and port charges. Your Crystal Savings are subject to availability at time of booking. All offers and promotions are capacity-controlled, subject to availability and may be withdrawn or changed at any time. Savings are per person and valid May 1-June 30, 2019. For Complete terms & Conditions visit crystalcruises.com. ©2019 Crystal Cruises, LLC. Ships' registries: The Bahamas. AD190397_0