



MOTHER AND SON BONDING @MIRIAM PORTER

Exploring RIVIERA MAYA

By Miriam Porter

From exploring magical rivers flowing into the sea, meeting wildlife and learning ancient history, get ready for fun family adventures in the Riviera Maya.

My son, Noah, is about to jump off the 'cliff of courage' into the flowing river and I am nervously floating below, clenching the sides of my blue inner tube in anticipation. He's next in line but suddenly backs up and lets another person jump. Then another. And another. Just when my worried heart can't take it anymore, my 11-year-old leaps into the air, smiling and waving. I'm a single mom and raised Noah to be brave and face his fears. I also believe in facing my own fears; however, today is not the day I am jumping off a cliff at Xel-Hà Park, a nature park in the stunning Riviera Maya on Mexico's Caribbean coast.

